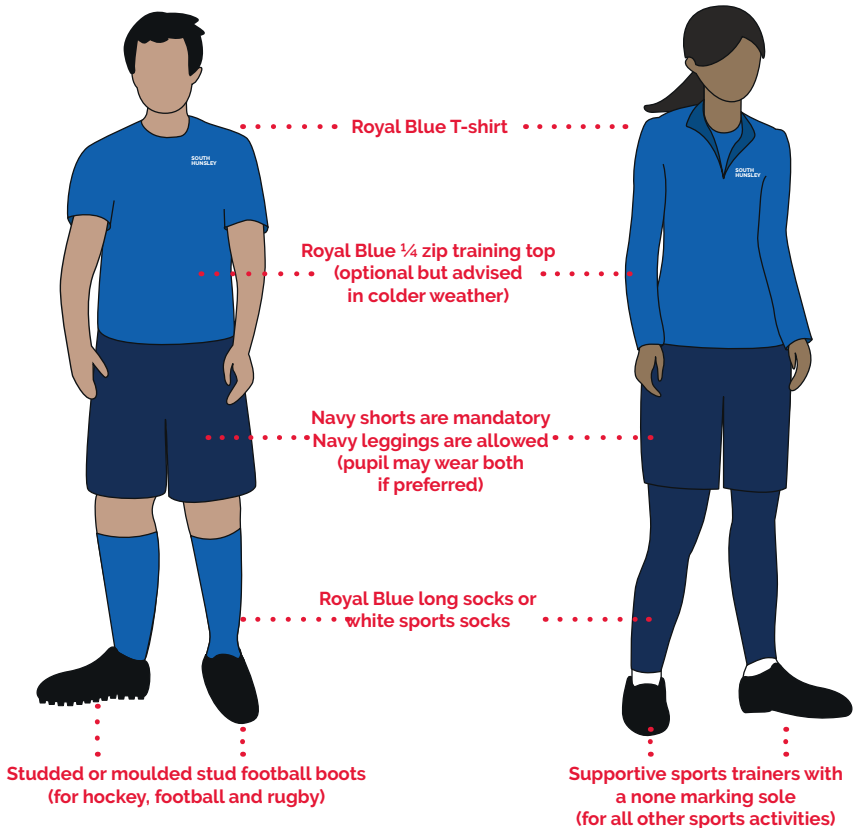


# PE and Sports Uniform



- ✓ Must be tied back for all activities if hair may cover face
- ✓ Shin pads are mandatory for invasion games, such as hockey and football - both in school and at competition level
- ✓ Optional blue base layer under top and shorts are permitted
- ✓ Mouth guards are highly recommended for hockey and rugby in lessons, and are mandatory at competition level
- ✗ No jewellery of any kind is permitted during physical activity
- ✗ Pupils will not be able to take part in rugby or football on the field in trainers
- ✗ Jogging bottoms and hoodies are not permitted in any form
- ✗ No loose long hair; it must be tied back

If pupils are excused from PE or games lessons, they must provide a note and also bring a change of clothes. For games lessons, we recommend blue leggings or tracksuit bottoms and a training top, jacket or waterproof top and shoes suitable for going onto the sports fields.