

**SOUTH
HUNSLEY**
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THE HUNSLEY WAY

SUMMER 2024

Welcome to the latest edition of The Hunsley Way



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Headteacher

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YEAR 11 INTERFORM

Friday 3 May

Every year we encourage our Year 11 pupils to dress in fancy dress costumes in their corresponding House colours for Interform. We're always so impressed with their efforts and this year was no exception! *continued on page 10...*

MESSAGE FROM HEADTEACHER



Welcome to the summer edition of The Hunsley Way. As you will see, it has been another rewarding and busy half term. Year 11 and Year 13 students have impressed us with their positive attitude and sustained focus in the run up and start to the exam season and we wish them well with their remaining exams. I would also like to thank the staff who have been offering lunchtime, evening and weekend revision sessions ahead of exams. I know pupils have valued these additional sessions (over 200 pupils attended the English weekend sessions!) and the reassurance that they have provided.



Equally, it was wonderful to experience my first Year 11 Interform which saw pupils either taking part in football and netball or cheering for their house and form. The vast array of fancy dress costumes matched to house colours was terrific and in a number of cases, very creative. Seeing pupils laughing, having fun and creating memories was truly joyful.

They really are a smashing group of young people and I am delighted that so many of them (record numbers!) are planning to stay on in the Sixth Form.

Furthermore, thank you to all

the parents and carers who wrote proud letters to make the day complete for Year 11 pupils. The majority definitely seemed surprised and it was clear that the letters provided the boost we hoped for at such a demanding time. Thank you also to the staff who contributed to our 'good luck' video message – I am reliably informed that we didn't have too many outtakes!

This half term also included the first meeting of the parents' SEND working party. I am incredibly grateful to the parents/carers who afforded me their time and spoke honestly about their experience and provided

ideas and expertise. Beyond introductions and a sharing of my vision for SEND at South Hunsley, the main agenda item was a new SEND sensory base that I have been planning with a group of enthusiastic pupils. I am looking forward to the next meeting which we are proposing will take place on Friday 21 June 9.15am. If any new parents/carers would like to come along, you are very welcome.

Please confirm your attendance with Emma Harrison, Executive Assistant to the Senior Leadership Team on emma.harrison@southhunsley.org.uk

www.southhunsley.org.uk

THE HUNSLEY WAY

MESSAGE FROM HEADTEACHER

I also enjoyed meeting parents/carers at my recent Headteacher Surgery. Your feedback is valuable and I hope those who attended found it useful. I will continue with these termly events in the new academic year but please don't feel you need to wait for the next one if you have an idea, any feedback or a concern that you do not feel is being addressed or dealt with to your satisfaction.

In the next half term, we are hoping to launch the new Arbor Parent App across The Education Alliance which we hope will be a useful tool for



parents/carers. We will be in touch with further details.

Congratulations to Finnley S and Katie A who have been announced as our new Head Students following a robust process which included a formal interview, presentation to staff and pupils.

Also, very well done to Honey G and Amelia R who will be Deputy Head Students. All ten applicants should be commended for their strong applications; it was certainly not an easy decision for the panel.

Lastly, we have two visits taking place over the half term and I wish pupils and staff safe travels and a brilliant time, whether that is on the Salou sports tour or the Wet and Wild residential in Wales.

Enjoy the half term break.

M Blackledge
Headteacher

SOUTH HUNSLEY CREATIVE ARTS
Inspire - aspire

SUMMER SHOWCASE

WEDNESDAY 19 JUNE, 7.00PM
MIDDLETON HALL

ADULT £7 + booking fee CONCESSION £4 + booking fee
TICKETS WILL BE AVAILABLE TO PURCHASE VIA MIDDLETON HALL WEBSITE

KEEP UP TO DATE

Follow us on X for regular updates and events.

[@southhunsley](https://twitter.com/southhunsley)

GOOD NEW STORIES

If you have any stories that our South Hunsley community would be interested in, please email marketing@southhunsley.org.uk

southhunsley

SUMMER 2024

COMMUNITY

INTERFORM

**Monday 8 –
Thursday 11 April**

This term saw Years 7 to 10 take part in Interform – an annual football competition between the six houses to determine a winner. Sporting their house tops, pupils were off timetable to play the matches for one day to help promote community spirit and healthy competition between the houses. Year 11 pupils took part in their special fancy dress edition of Interform a few weeks later. Well done to all for your efforts!



EID BAKE SALE

Thursday 18 April

To celebrate Eid this year, our Changemakers group organised a bake sale for pupils and staff members to help raise money for the charity Humanity First UK.

Humanity First UK works on humanitarian development projects and provides disaster relief to countries around the world. Eid is observed every year by Muslims all around the world as it marks the end of the fasting period during Ramadan.

Thank you to all who donated a bake or bought a cake, the event raised £106.60 for the charity.



SEND MEETING

Friday 12 April

Parents and carers were invited to join Ms Blackledge and the rest of our SEND team to share ideas and strategies to further develop the school's provision. As well as a number of other topics, the group discussed a new SEND base/sensory room on the school site. We are excited to share more information at a later date, but in the meantime if you or your child have any ideas they would like to share with us we would be happy to hear them.

COMMUNITY

MRS LARTER

Sunday 28 April

One of our talented Teaching Assistants has been announced as the artist in residence for the summer season at Ferens Art Gallery in Hull. Mrs Larter's sculptural, drawing and print work will create new work "inspired" by the permanent collection at the gallery and the building itself. The artwork will be on display from Friday 28 June – Sunday 22 September, and Mrs Larter will also hold weekly talks and workshops as part of the residency.



Zorb football



Crochet and Embroidery Club

WELLBEING WEEK

Monday 13 – Friday 17 May

Each half term we hold a Wellbeing Week in which we host a range of activities during form time, break, lunch and after school that link to a key awareness day. This term the activities centred around the theme of Be Active for Mental Health Awareness Week – a national campaign to highlight the importance of maintaining positive wellbeing.



VESAK

Thursday 23 May

In celebration of Vesak, the RS department ran a competition for pupils to win a £5 Amazon voucher by drawing or colouring a mandala. Vesak celebrates Buddha's birthday, his enlightenment and death. Changemakers also held a bake sale on Vesak to raise money for the house charities raising a total of £17.02 on the day. Wednesday 22 May saw the canteens serve up a special menu, offering salt and pepper chicken stir fry and teriyaki vegetables to celebrate the Buddhist holiday.



DUKE OF EDINBURGH AWARD CELEBRATION EVENING

Thursday 18 April

Participants of the Duke of Edinburgh Award and their families were invited to join us for an informal certificate presentation, celebrating their achievements over the last year and receiving their Bronze, Silver or Gold certificate. To receive their Awards, pupils took part in

a wide range of activities, including volunteering, building skills, physical challenges and residential outdoor pursuits.

The Gold DofE award remains one of the most highly-valued qualifications available to pupils, made more prestigious due

to the commitment and determination that it demands. Applications to join the programme are accepted from pupils each September and we very much look forward to many more pupils receiving the opportunity to attend similar Awards events in the future.

YEAR 11 CELEBRATION ASSEMBLY

Friday 3 May



Our KS4 team held an important assembly for Year 11 pupils ahead of their GCSE exams this half term, providing a final push on revision tips, additional information and good luck messages. Several teachers even recorded a [video message](#) (including a special appearance from 4-month-old Rosie the chocolate Labrador puppy!) to wish our Year 11's the best of luck in their exams and remind them that no matter the result, we are proud of them all.

Towards the end of the assembly the pupils were handed a 'Proud Letter' from parents/carers or teachers – a secret project we had been working on in the background to provide a chance for pupils to read a letter from home.



YEAR 7 WET AND WILD VISIT

Friday 24 –
Wednesday 29 May

The PE department will be embarking on the annual Wet and Wild visit for Year 7 pupils during half term break in Wales. Taking place at the Outdoor Centre in Glan Llyn, past visits have included activities such as sailing, kayaking, high ropes course, bowling, team games and much more so we are sure it will be a fun experience. We hope you all have a fantastic time.

DOFE EXPEDITION

Saturday 4 - Sunday 5 May

A group of 61 DofE pupils took part in their Bronze and Silver expedition, representing the school brilliantly with several members of the public commenting on their polite and positive attitude.

To complete their DofE Award, pupils have to complete one activity for all four sections - Volunteering, Physical, Skills and Expedition.

The expedition saw our pupils walking in the beautiful area of the Yorkshire Wolds around Pocklington, Bishop Wilton, Londesborough and Goodmanham. Pupils worked together and demonstrated resilience, especially when faced with muddy ground and fields of cows!

The Top Chef Award goes to Edward for steak with homemade herb butter for dinner, and eggs benedict with smoked salmon for breakfast.

Best Teamwork Award goes to Group 10 team yellow and most positive attitude award goes to Group 12 team orange. Well done all.



HIGHLIGHTS - SPORTING HEROES



INTERFORM

Friday 3 May

...continued from front cover
We spotted dinosaurs, pirates, sharks, cheerleaders, Teletubbies, basketball players, The Simpsons and so many more brilliant outfits. The afternoon saw all pupils take part in football and netball games for Interform.

HIGHLIGHTS - SPORTING HEROES



FRAN HALL

We were excited to learn that South Hunsley alumna Fran Hall is currently ranked as #1 Squash player for Under 19 Females. As a school we remain proud of our pupils long after they have left us and it is great to be informed of their vast achievements.

ZAC B-W

Well done to Year 9 pupil Zac for beating his personal best time by 30 seconds at his swimming competition on Friday 12 April. Zac swam in the 1500 Free, achieving a new KuH Swim Club record for Under 14s and placed 5th place in Britain.



JOOLS J

Year 11 pupil Jools has been offered an exciting football scholarship opportunity with Queen Ethelburga's school near Harrogate.

The programme will take place for the next two years. Speaking of the news, Jools said "I am really looking forward to QE as I think it will be a great place to learn and play football and they have great facilities."

Best of luck with your scholarship!

LYDIA G AND ADAM R

Congratulations to Year 11 pupils Lydia and Adam who have both 'scored' a football scholarship from major clubs. Lydia will be taking up the scholarship with Sunderland Football Club and Adam will be joining the programme with Nottingham County Football Club. A big well done to you both!



GRACE L

Congratulations to Year 12 student Grace who has won the Yorkshire Ladies Championship at Hallamshire Golf Club this month, winning all her matches. Well done Grace!

OLIVIA B



Well done to Year 7 pupil Olivia B who participated in the Division 3 K1W class kayaking competition at Oughtbridge Slalom this half term. The first race saw her put down a fast time on her first run of 145.5 seconds with 4s of penalties for touching 2 gates, giving her a total of 149.5, her second run did not improve her total for the day but she won her class by 2.2s.

The following day Olivia's first run put her in 3rd place with a time of 148.4s and 2s of penalties, her second run in a time of 137.7s with 2s of penalties. Overall meaning she ended the day in 2nd place just 0.2s off another win.

BIRD CAMERA

We are very excited to be able to share the link for our bird camera. So far, we have been able to watch Betty the Blue Tit's eggs hatch and their first feed. Looking at the footage we think there are 7 baby chicks in the nest. The eggs hatched on 9 May, and blue tits will fledge the nest around 18 to 21 days after hatching, so we are expecting the chicks to start fledging from the 27 May, however they may be a bit earlier. Keep checking out the [live stream](#) to not miss out. We will keep updating X ([@SouthHunsleyEco](#)) with important changes.



SPRING GARDENING

A few weeks ago, we planted some pots with geraniums and dahlias and placed them around the Kingston pond, these flowers will help to attract bees and butterflies to the area, which increases the biodiversity. Biodiversity and school grounds are topics that we have chosen to focus on this year for our Green Flag Award and this planting helps both. Gardens are excellent places for increasing biodiversity as they provide green corridors and sections of habitats that contain the environments and food for insects, especially bees and butterflies. Species that are bee and butterfly friendly include alliums, buddleias, lavender, marigolds, peonies,



sunflowers and roses. Bees love blue and purple plants, so look out for these colours when choosing plants.

Bees are currently under threat by humans due to urbanisation, chemical uses that leaks into their food supply, and habitat destruction. Bees pollinate 90% of our food worldwide, so they are very important to us, meaning that we need to try and help them increase in population.



BAKE SALE

Thursday 16 May

Thank you to all who came along to the EcoHunsley Bake Sale this month. The event raised £48 for the Just One Tree charity, who will plant 48 trees on the school's behalf as part of their replanting mission.

SIXTH FORM

From left to right: Novairah N, Lucy B, Parsa R, Finn S, Michelle I, Amelia R, Katie A, Izzy R, Scarlett M, Honey G.



HEAD STUDENTS

Tuesday 21 May

A group of 10 Sixth Form students applied for the role of Head Student this month, submitting and presenting their manifesto to pupils and staff. Each candidate gave their presentations during assemblies and staff briefings to be considered for the role. Staff and pupils were then able to vote for their two top contenders. There were a range of important issues that each applicant had decided to focus on in their manifestos and each one gave their presentations clearly, concisely and confidently.

Congratulations to Katie A and Finn S who have been nominated as the new Head Students for academic year 24/25! We have included an overview of their manifesto's below.

Katie A

I have been a Form Rep, for six years, gaining valuable experience, whilst improving things (more food options and raising money for charity). Representing students and their ideas is fundamental, to improving the school.

Through my roles as an England Athletics-qualified Assistant Coach and Run Director/Volunteer Coordinator for the Peter Pan junior parkrun, I demonstrate I have the necessary skills, being:

- Organised
- A good listener
- An excellent communicator, and
- A strong team worker with leadership skills.

I believe I am the best person for Head Student, and I want to work with everyone, helping to improve our school, together.

Finn S

Upon joining South Hunsley, I was captivated by the ethos of our incredible school which has continued

throughout my time here. I want to give back to the community that I am so proud to be a part of and continue our legacy to make everyone know their worth within the brilliant school that we have fostered together. My ideas are useless by themselves – I want to put the focus on the wants of the students in order to generate a school that we can all be proud of. Let's continue to inspire and aspire in our amazing community together.

Deputy Head Students are Amelia R and Honey G.



CHICAGO

Thursday 11 April

Thank you to all who joined us last night to watch the Sixth Form Creative Arts students performing in their rendition of the popular show of stage and screen Chicago. Following the rise to infamy of Roxie Hart, the story follows Roxie as she navigates celebrity, scandal and murder in the Jazz Age. The Sixth Form students put on a brilliant performance to a captivated audience of friends and family and we were proud to see the result of weeks of rehearsals. Well done to the talented stars of the stage, and a big thank you to all the staff who helped to put on the show.

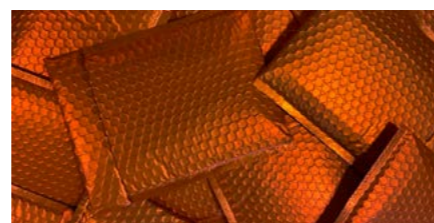
SIXTH FORM



PANATHLON

Tuesday 23 April

We were proud to see a group of Sixth Form volunteers at the Panathlon final in Grimsby this half term. The students led young pupils from Hunsley Primary as they completed a number of sporting disciplines for the finals.



OFFER PACKS

Wednesday 17 April

Successful applicants to South Hunsley Sixth Form were delivered a very special package in the post this half term, receiving their official offer as well as some extra goodies. The Sixth Form Taster Sessions are booked for Monday 8 - Wednesday 10 July where Year 11 pupils will be able to experience a snapshot of life as a Sixth Former and ask any questions they may have about the transition to Year 12.

SIXTH FORM



YEAR 12 CP MORNING

Wednesday 17 April

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NATIONAL PHYSICS COMPETITION - HONEY G

Thursday 25 April

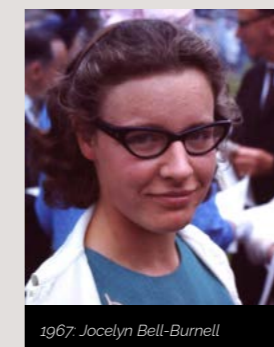
A South Hunsley Sixth Form student is the winner national Physics competition *XMaS Scientist Experience* this term, in which participants were asked to write an essay on Dame Jocelyn Bell-Burnell. Congratulations to Honey, this is fantastic news and we hope you enjoy your all-expenses paid prize trip to Grenoble later this year! Speaking of her win, Honey said:

"I am very excited to have been invited to spend a residential week in Grenoble at the European Synchrotron Radiation Facility (ESRF), courtesy of Warwick University. Taking place at the end of June, it will involve experiencing a slice of life as a scientific researcher, as well as sightseeing in the scenic alpine city.

To win a place, I had to pen essays on the work of the ESRF, as well as an essay on the achievements of Dame Jocelyn Bell-Burnell: the

physicist who discovered pulsars. I found this essay really rewarding, because not only is the discovery of these fascinating celestial objects a breakthrough, but the science that it has facilitated is incredible too.

In the future, I am interested in getting into engineering, particularly in either the nuclear or aerospace industries! These industries are set for a lot of incredible innovation in our lifetime, and I would love to be in on the action!"



1967. Jocelyn Bell-Burnell



1987. Jocelyn Bell-Burnell



2009. Dame Jocelyn Bell-Burnell

YEAR 12 LESSONS FROM AUSCHWITZ

Wednesday 1 May

A select few of Year 12 students were given the opportunity to learn about the holocaust and consider its relevance for today via an interactive online platform, seminars and a one-day visit to Poland.



HEY LEP PARENTS EVENING

Tuesday 2 July

The Hull and East Yorkshire Local Enterprise Partnership are hosting a VIP Parents Evening on Tuesday 2 July for any parents/carers who would like more information on their child's choices and career decisions after education.

The event takes place at Craven Park in Hull between 5.30pm and 7.30pm and will feature sector-based presentations from a number of local and national companies.

If you would like to attend, please click the link [here](#) using the access code: 001HEYCAREERSHUB

APPRENTICESHIP PREPARATION PROGRAMME

This half term we launched the Apprenticeship Preparation Programme for Year 12 students, a dedicated support system providing advice, events, seminars and activities to those considering a Higher or Degree Apprenticeship. Students were able to listen to a presentation outlining the vacancies that are available and given advice on what they can do to prepare themselves for a future application and interview.

Co-ordinated via TEAMS, students can sign up for industry mentoring, work experience, seminars, workshops, employer fairs and speed networking sessions.

The programme has been extremely successful in the past, winning national awards and gaining recognition from the royal family. Those students who have engaged fully have also had access to some of the UK's most competitive roles. Apprenticeship enrolment for South

Hunsley is well above the national average and we are proud of the various programmes that we offer our students of all year groups.

The Apprenticeship Preparation Programme will launch for the current Year 10s in the Autumn term.

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As part of our commitment to prepare students for their future we have partnered with an innovative online resource called Start.

Start will help students to connect with their future career potential, develop their employability and help them to explore future career and study options at school or at home. Parents can also use Start to find out more about jobs, training and study opportunities for themselves.

For more details visit shs.startprofile.com or email careers@southhunsley.org.uk for more information

Football

South Hunsley Team	Opposition	Score
Y10 Boys	Malet Lambert	4-0
U14 Girls	Humberside Cup	Finals
Y8A Boys	Hessle Academy	4-0
Y8B Boys	Bridlington School	3-2
Y10 Boys	Beverley Grammar	4-1
Y7 Boys	Beverley Grammar	2-1
Y11 Boys	St Marys College	3-0
Y8 Boys	Wolfreton School	Loss
U14 Girls	Tadcaster Grammar School	5-1
Y10 Boys	Wolfreton School	6-0
U15 Boys	Wolfreton School	2-1
U15 Girls	Humberside Cup	Win
U14 Girls	Humberside Cup	Win
U13 Girls	Humberside Cup	Win
Y8B Boys	Humberside Cup	3-1

Tennis

South Hunsley Team	Competition	Score
U18 Girls	Aberdare Cup match	Win
U13/15	Hymers College	Win
U18 Girls	Aberdare Cup match	Loss

Rugby

South Hunsley Team	Opposition	Score
U14 Boys	Salendine Nook	32-10
Y7 Boys	Wolfreton School	10-.26
Y7 Boys	South Holderness Academy	Loss
U14 Boys	Cottingham High School	24-18
Y9 Boys	Brooksbank School	Win

Golf

South Hunsley Team	Opposition	Score
SHS Team	North East Competition	Finals

Rounders

South Hunsley Team	Competition	Score
U16 Girls	East Riding Championships	Win
Y7/8	Wolfreton School	Win
Y10	Holderness Academy	Win

Cricket

South Hunsley Team	Competition	Score
Y7 Boys	Hymers College	Loss
U15 Boys	Hymers College	9-86
U15 Girls	Hymers College	124-6



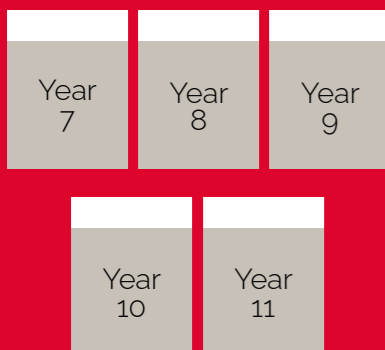
HULL CITY ALUMNI

We were so proud to see not just one, but two South Hunsley alumni represented in the Hull City FC Player of the Year Awards this year! Jacob Greaves was crowned the Supporters' Player of the Year, Player's Player of the Year and Player of the Year Award as an incredible end to the season. Stan Ashbee won the Frank Donoghue Academy Player of the Year for the second season running after making his senior debut in the FA Cup.

CURRICULUM OVERVIEW

Termly Update

All parents/carers should have received a Curriculum Overview for their child, showcasing the various topics that they will be learning in each subject. Please click on the links below to access the documents per year group.



BUDDHIST CENTRE VISIT

Thursday 11 and Thursday 18 April

Year 10 pupils paid a visit to the Madhyamaka Buddhist Centre in Pocklington this half term as part of their Religious Studies. On Thursday 11 and 18 April the groups were taken on a tour of the premises and discovered more about the practices of Buddhism.

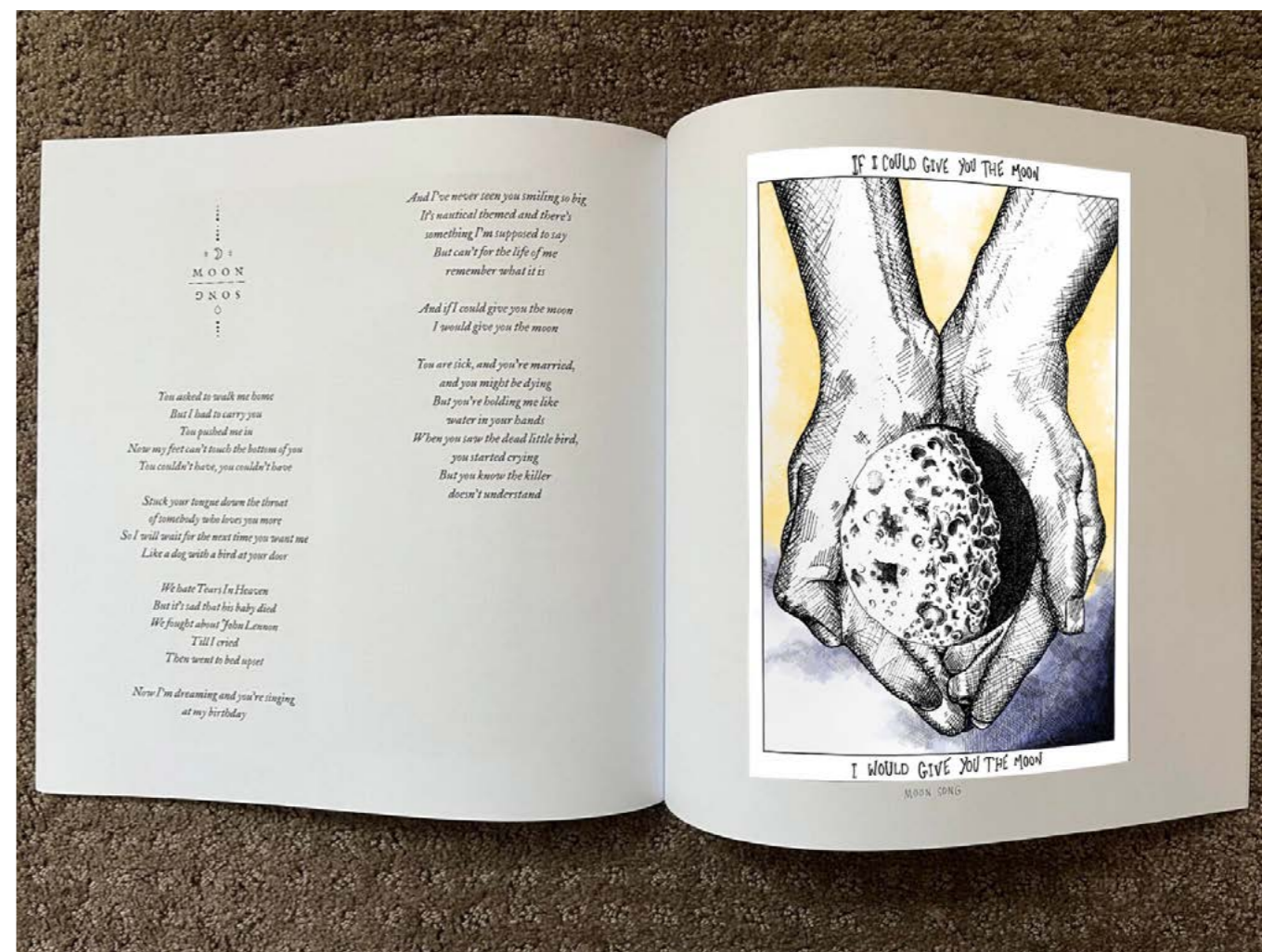
CURRICULUM SPOTLIGHT: ART

In an age that's increasingly driven by technology, the importance of fostering creativity and artistic expression through studies like A-level Art and Design cannot be overstated. Here at South Hunsley we are proud to offer these subjects that are not only essential in developing an aesthetic sense but also play a significant role in fostering critical thinking and problem-solving abilities.

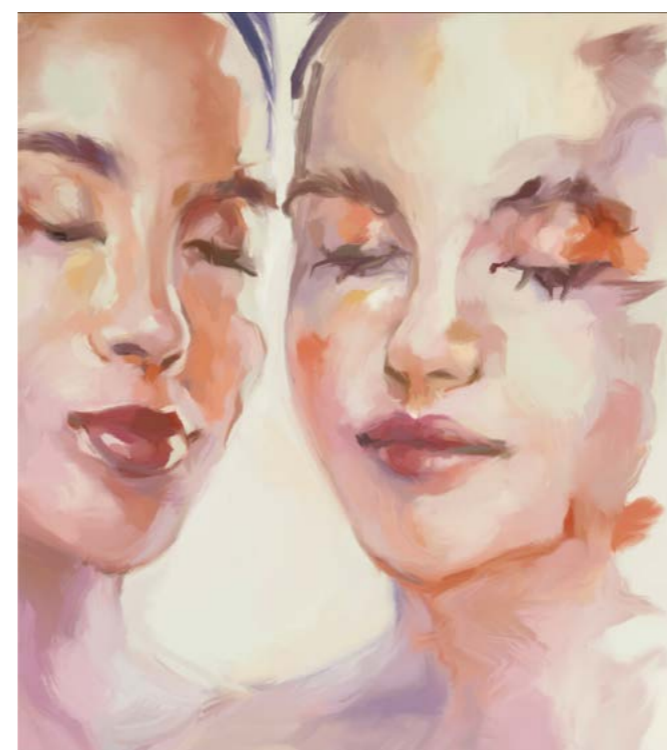
A-Level Art and Design is more than just learning to paint or draw. It's about understanding the principles of aesthetics, exploring different mediums, and communicating ideas visually. It encourages pupils to think outside of the box, to experiment and to be innovative. The skills acquired through this course,

such as attention to detail, visual communication, and problem-solving, are highly transferable and relevant to many professional fields. These valuable skills are executed through different modules and pupils often interpret client-based projects to get a feel of industry requirements.

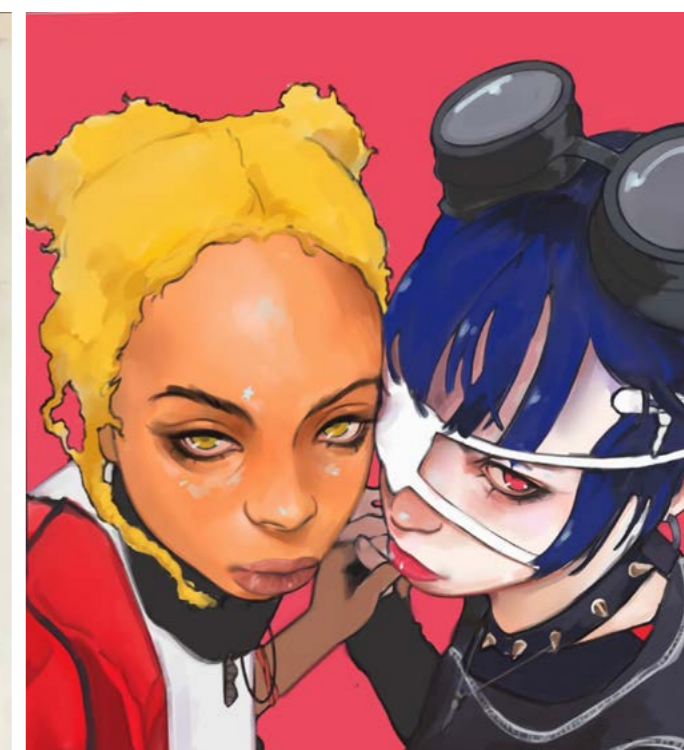
Beyond the professional aspect, studying Art and Design plays a significant role in personal development. It fosters a sense of creativity, encourages self-expression, and builds confidence. It allows pupils to see the world from different perspectives and to appreciate the beauty around them.



Katie Coupland Year 13 Art & Design Pen, ink, watercolour & digital presentation



Hanka Drozdova Year 13 Art & Design Watercolour, digital rendering



Emily Hogarth Year 13 Art & Design Digital Drawing



SPECIAL DISHES

Our canteens served up special menu items this term to celebrate the Muslim religious festival of Eid and Hindu festival Vaisakshi. For Eid, pupils and staff could choose from chicken tikka with onion bhajis and naan bread or vegetable biriyani with raita and poppadoms. To mark Vaisakhi, canteen staff served up spinach and potato curry or vegetable biriyani with a vegetable samosa or onion bhaji.



EXTRA-CURRICULAR TIMETABLE

Our summer Extra-Curricular Timetable is now available for all year groups, we encourage our pupils to take advantage of these opportunities as there is something to suit all interests. Click [here](#) to view the timetable.

SAMANTHA D

Thursday 8 February

Year 11 pupil Samantha took to the West End stage in February to perform in the Olivier Award winning show *Standing at the Sky's Edge* – described as a love letter to Sheffield in a portrait of life on an ever-changing estate. Samantha played a judge and a detective in the show following a rigorous audition process.

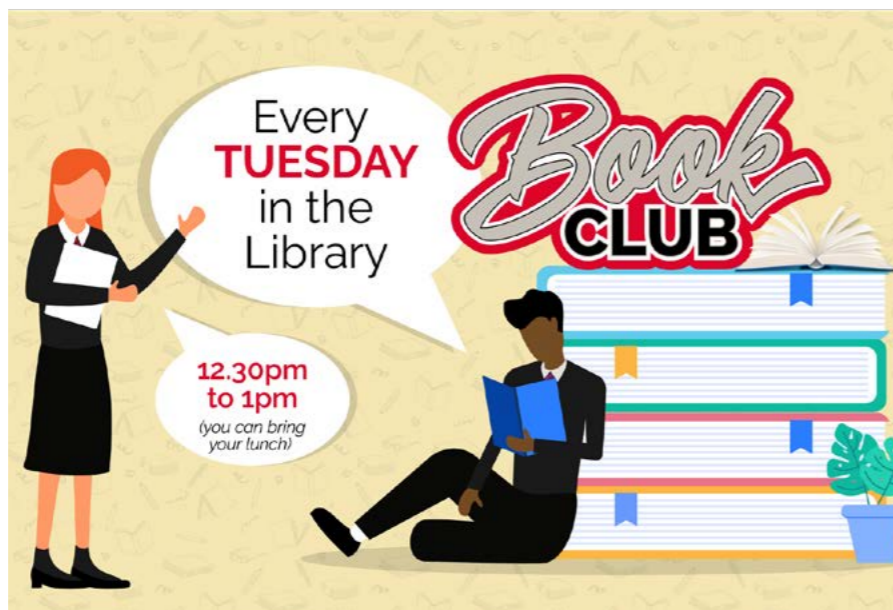


DEXTER W

Friday 3 May

Congratulations to Year 8 pupil Dexter for reaching the finals of the Poetry by Heart competition in the KS3 group. Poetry by Heart is a national poetry speaking contest for schools and colleges across England, designed to develop confidence with poetry for young people. There were 3,000 entries in total across four key stages, so this is an incredible achievement. The final takes place at Shakespeare's Globe Theatre in London on Sunday 30 June and will include a guided tour of the venue, guest appearances from Simon Armitage and Joe Coelho and finalists will also be able to watch *Much Ado About Nothing*. Good luck Dexter, we have our fingers crossed for you.

POETRY BY
HEART



From the 13 - 19 May, Mental Health Awareness Week is celebrated, where understanding of mental health is promoted and young people are encouraged to look after themselves mentally. It is extremely important that everyone takes a break out of their busy lives and does something to relax to prioritise their mental wellbeing.

Written by Georgina H, Year 10

So, therefore, in celebration of Wellbeing Week, some teachers and pupils have shared some things they do often that help them to reduce stress and worry.

"The best thing I do for my mental health is go running. I do it every day and always helps me to keep my head and relieve my stresses and worries, even if I listen to football podcasts about my teams losing!"

Mr Ballantyne, Teacher of English

"It depends on what mood I am in but here's a few things: reading a book, relaxing with a nice bath, spending time with my family and friends (especially my nieces), watching my favourite football and rugby teams and watching a funny TV show."

Miss Mooney, Subject Leader of RS

"I like to go out with my friends to relax after school."

Thomas H, Year 7 Pupil

"Usually I go for a walk, listen to music or play a game."

Benjamin P, Year 10 Pupil

"I reflect (sometimes written) on 3 things I am grateful for in each day. I review them before I go to bed. But I do try and stop in the moment and appreciate them too. It can be anything from a beautiful flower to a thank you from a parent. Also I make sure I give myself space to read a book or two."

Miss Kenyon, Teacher of English

"This January, I experimented with a January advent calendar which I absolutely loved. I wrote down 31 small things to do across the 31 days in January, I folded each bit of paper up and put them all in a glass jar. Each morning, I took one piece out and had to complete whatever was on the note. Every activity I wrote down was small and manageable but were all things that brought me joy. For example, messaging a friend I haven't spoken to in a little while. I found this really helped bring joy to January which can often feel like a difficult and long month after Christmas."

Mrs Brown, Teacher of PE and Dance

"I relax by going on call with my friends and by spending time with them."


Sofia C, Year 7 Pupil

TOPIC OF THE WEEK

Get Physical for Mental Health

Many people find that being active is good for both their physical and mental health, and there's increasing evidence to support this. In fact, the National Institute for Health and Care Excellence (NICE), recommends three sessions of group exercise lasting at least 45 minutes a week as one of the first treatments for mild to-moderate depression. Even a small amount of physical activity, such as a 10-minute brisk walk, can increase our energy levels, boost mood and help us interrupt racing thoughts.

To find out more, click [here](#)



Sponsored by Whites Travel

Humberside Schools Football Association are pleased to present the **Matthew Simpson Memorial Trophy Game**

When: Thursday 2 May 2024, kick off 6.30pm
Where: Dransfield Stadium, home of North Ferriby United
Admission: Adults £5 / Children £2

East Riding Under 15 Boys vs Hull Under 15 Boys

All monies raised in aid of MIND and Mountain Rescue.



DRESS TO IMPRESS!

SOUTH HUNSLEY
Sixth Form

Sixth Form Prom

FRIDAY 5 JULY, 7.00PM - MIDNIGHT
THE DEEP, HULL

TICKETS £30
VIA PARENTMAIL

2024 UPCOMING EVENTS



Calendar
Click to view our school calendar.



Food Menus
Click to view our food menus for the upcoming term.

JUNE

SATURDAY 1 - SUNDAY 30

Pride month

MONDAY 3

All pupils return to school

WEDNESDAY 5

World Environment Day

THURSDAY 6

'The Kite Runner' visit (Year 12)

Leavers Assembly (Year 11)

FRIDAY 7

Hull City Centre visit (Year 12)

SATURDAY 8 - TUESDAY 11

Battlefields visit (Year 9)

MONDAY 10 - FRIDAY 14

German Exchange

THURSDAY 13 - FRIDAY 14

York Geography visit (Year 10)

MONDAY 17 - SUNDAY 23

Refugee Week

THURSDAY 20 - FRIDAY 21

Rewards visits
(Years 7 - 10)

MONDAY 24

Sports Awards Evening

TUESDAY 25

'Gotta Dance' Competition

THURSDAY 27

UCAS Discovery Fair

Year 6 Induction
Day/Evening

FRIDAY 28

Festival of Sports and Arts

University of Hull HE Day
(Year 12)

JULY

MONDAY 1 - FRIDAY 12

Ribblesdale visit (Year 8)

MONDAY 1

Next Steps Evening (Year 12)

WEDNESDAY 3

Dalby Forest visit

THURSDAY 4

Prom (Year 11)

FRIDAY 5

Leadership and Enterprise
(Year 7)

Prom (Year 13)

MONDAY 8 - WEDNESDAY 10

Sixth Form Induction Lessons

MONDAY 8

Leadership and Enterprise
(Year 7)

TUESDAY 9

Hunsley Primary Sports Day

THURSDAY 11

PMNW (Year 9)

FRIDAY 12

T-Level talk (Years 7 - 10)

TUESDAY 16 - WEDNESDAY 17

West End visit (Year 9 and 10)

TUESDAY 16

University of Hull talk
(Years 7- 10)

THURSDAY 18

Sports Day

FRIDAY 19

Last day of school year

SOUTH HUNSLEY

inspire · aspire

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