

Welcome to the PE Curriculum

Being part of our PE curriculum means learning to develop and nurture your own health, as well as your physical, social and emotional wellbeing. Fulfilling your potential in any of these areas can help underpin all other areas of all of our day to day lives.

By participating in solo or team sports, our students develop their potential through social/emotional bonds, leadership skills, physical wellbeing and self confidence.

We have a diverse sporting community in our school. Students gain a passion for sport and develop a wider determination when they represent their House, our school, county or country, inside and outside of school.

LEARNING

Learning not only for purpose but for its own sake

POTENTIAL

Limitless potential of people, always striving for distinction and high achievement

COMMUNITY

Strong community, taking collective responsibility for ourselves and others

PE at South Hunsley School

We share our passion through a wide spectrum of sports and activities, and share with students the different societal roles that sport can provide. We demonstrate a variety of learning skills encompassing physical skills, social skills, problem solving skills, emotional skills such as resilience and empathy and ultimately leadership skills.

PE learning is always fun and we build on the potential of our students by overcoming barriers that might discourage some students from sport. We help young people understand the benefits of sport to themselves and their community.

We want students to demonstrate self-discipline and we aim to share the values of all sportspeople through high standards of sports kit, behaviour and conduct, in accordance with the school values and the Hunsley Way.

Physical Education Curriculum Map

Curriculum Map: This maps a student's journey through school, from Year 7 to Year 11, showing the topics studied in each year.

Year 7	Year 8	Year 9	Year 10	Year 11
PE/Games Warm Up/ Skills/Tactics / Decision making and Competition			PE Core/Options Practical/Theoretical Knowledge and Understanding	
Badminton Dance Gymnastics Fitness Athletics Tennis	Badminton Gymnastics Rock Climbing Fitness Athletics Tennis	Badminton Volleyball Rock Climbing Fitness Athletics Tennis	GCSE PE Paper 1 –Physical factors affecting performance Practical Sport – performance in PE	GCSE PE Paper 2 – Socio Cultural Issues and Sports Psychology Practical sport performance in PE NEA- AEP
Rugby Football Netball Hockey Basketball Rounders Cricket Softball	Rugby Football Netball Hockey Basketball Rounders Cricket Softball	Rugby Football Netball Hockey Basketball Rounders Cricket Softball	CNAT Sports Studies R051 Contemporary issues in sport R052 Developing sports	CNAT Sports Studies R053: Sports Leadership R056: Developing knowledge and skills in outdoor activities
			BTEC Dance Component 1: Exploring the Performing Arts Component 2: Developing Skills and Techniques in the Performing Arts	BTEC Dance Component 3: Performing to a Brief
			Core Sports leaders Warm ups, Planning and delivering skills, officiating a sports event	Core Games activity/Individual/Fitness